

To
The Director
AIIMS Raipur, CG

Respected sir,

This is to bring to your kind attention that the “National Symposium on Fragility Fractures of the Lower Limbs and Hands on workshop on Distal Tibial Fixation” has been conducted by Department of Orthopaedics in AIIMS Raipur on 24 August 2014 and has been a great success with as many as 120 delegates. Many renowned orthopaedic surgeons of our country participated in it. We are very thankful to you for your whole hearted support to the conference and hope to have similar support in the future also. Hereby we are enclosing the brief report of conference:

“National Symposium on Fragility Fractures of the Lower Limbs and Hands on workshop on Distal Tibial Fixation”

The “National Symposium on Fragility Fractures of the Lower Limbs and Hands on workshop on Distal Tibial Fixation” was conducted by the Department of Orthopaedics in AIIMS Raipur on 24 August 2014 and has been a great success. The symposium was attended by as many as 120 delegates and renowned orthopaedic surgeons of our country. The course was organised by Prof. Dr. Alok C. Agrawal HOD Orthopaedics as the Organising Chairman and Dr. Roop Bhushan Kalia, Associate Professor orthopaedics as Organising Secretary.

The programme was as follows:

Registration and Breakfast: 8-9 AM

CME Lectures

Session I

Moderator: Prof. S S Babhulkar, Nagpur

Chairpersons: Prof. Shishir Rastogi, AIIMS Delhi

Prof. Subeer Mukherjee, Raipur

1. Scenario of fragility fractures in India-Prof. Manisha.Ruikar, HOD Department of CFM, AIIMS Raipur CG 9:00-9:15 AM

2. Pre-operative assessment of fragility in a bedridden patient-Prof AC Agarwal, HOD Orthopaedics, AIIMS Raipur CG 9:15-9:30AM

3. Medical management of fragility fractures- Prof S P Dhaneria, HOD Pharmacology and Dean, AIIMS Raipur CG 9:30- 9:45AM

4.Problems of fragility fracture fixation – Prof. Sudhir Kumar Garg, HOD Orthopaedics, GMC , Chandigarh 9:45-10:05AM

Question and answers 10:05-10:15AM

Inauguration 10.15AM-10.45AM

Tea: 10.45AM- 11.00AM

Session II

Moderator: Prof. Sudhir Kapoor, Hon. Secretary IOA, New Delhi

Chairperson: Prof. Dr.Nitin M Nagarkar, Director AIIMS Raipur

Prof. K Sudarshan, Raipur

5. Why fragility? How to prevent the endemic of fragility –Prof G K Singh, Director AIIMS Patna
11.00AM-11.20 AM
6. Practical tips in the management of fragility fractures of the neck of femur 11:20AM-11:35 AM
-Prof Shishir Rastogi, AIIMS New Delhi
7. Fragility fractures of the neck of femur- Prof Surendra Shukla, Somaiya Medical College, Mumbai
11:35AM-11:50AM
- 8 .Fragility Pertrochanteric fractures of the femur-Prof S.S Babhulkar, Nagpur
11:50AM-12:10AM
- Question and answers** 12:10PM-12:30PM

Session III

Moderator: Prof. Dr. G K Singh, Director AIIMS Patna

Chairperson: Dr. Umesh Lohana, Past President CGIOA, Dhamtari

Dr. Ashok Tripathi, President IMA, Raipur

9. Management of Metaphyseal fragility fractures-Prof Sudhir Kapoor, **Hon. Secretary IOA, Dean , ESI Medical College, New Delhi**
12:30PM-12:45PM
10. Management of diaphyseal femoral fractures with interlocking plates. –Prof Subeer Mukherjee ,
Ex DME and HOD Orthopaedics, Pt. J N M Medical College, Raipur CG 12:45PM-01:00PM
11. Orthogeriatric rehabilitation –Prof Sanjay Keshkar, HID Orthopaedics, ESI Medical College,
Kolkata 01:00PM-01:10PM
12. Orthogeriatric Nursing- Mrs Binu Mathew Asst. Prof. Nursing, AIIMS Raipur CG
01:10PM-01:20PM
- Question and answers** 01:20PM-1:30PM
- Lunch** 01:30PM-02:30PM

Session IV-Workshop on distal tibial Osteosynthesis

Chairpersons: Dr. Vinod Tiwari, President CZIOA, Bilaspur, CG

Dr. Kedar Agrawal, President CGIOA, Raipur CG

Dr. Rajendra Sahu, Hon, Secretary, CGIOA , Korba, CG

- 13.Surgical anatomy-Dr S Phuljhele, Asso.Prof. Orthopaedics, Pt. J. N. M. Medical College, Raipur CG
2:30-2:40PM
14. Surgical Approaches-Dr R B Kalia, Asso.Prof. Orthopaedics, AIIMS Raipur CG
2:40-2:50PM

15. Decision Making and implant selection-Dr RKS Dhakad, Asso.Prof. Orthopaedics , GR Medical College, Gwalior, MP 2:50-3:00PM

Saw bones workshop on distal tibial Osteosynthesis 3 PM-4:00PM

Question and Answers 4 PM- 4:30PM

Valedictory Function 4:30PM-5PM

The symposium was formally inaugurated at 10.30 Am with Prof. Dr G K Singh, Director AIIMS Patna as Chief Guest and Prof. Dr. Sudhir Kapoor , Hon. Secretary Indian Orthopaedic Association as Presiding Officer. Prof. Dr. S. S. Babhulkar from Nagpur and Prof. Dr. Shishir Rastogi from AIIMS New Delhi were Guest of Honours. The details of this programme are as follows:

1. Dignitaries called to DIAS
 - a. Chief Guest: Prof. G K Singh, Director AIIMS Patna
 - b. Director AIIMS Raipur CG: Prof. Dr. Nitin M Nagarkar
 - c. Presiding Officer : Hon Secretary IOA: Prof Sudhir Kapoor, Dean ESI Medical College, New Delhi
 - d. Guest of Honour: Prof. Dr. S S Babhulkar , Nagpur
 - e. Guest of Honour : Prof. Shishir Rastogi, AIIMS NEW DELHI
 - f. Dean AIIMS Raipur CG: Dr. S P Dhaneria
 - g. HOD Orthopaedics and Organizing Chairman: Prof. Dr. Alok C Agrawal
 - h. Dr R B Kalia: Organising Secretary

Inauguration of the Symposium was done by Lighting of the lamp.

3. Saraswati Vandana was done by 2nd year MBBS Students.
4. Welcome Address: HOD Orthopaedics
5. Presentation of Bouquets to all dignitaries
6. Address by Director AIIMS : Importance of the symposium and workshop
7. Presiding officer Hon. Secretary IOA Prof Sudhir Kapoor message
8. Chief Guest PROF. Dr.G K SINGH'S speech
9. Presentation of Memento to DIGNITORIES ON DIAS
10. Thanks Giving : Dr. Roop Bhushan Kalia Organising Secretary

Director AIIMS Raipur, CG, Prof. Dr. Nitin M Nagarkar on this occasion praised the topic of day to day utility i.e. fragility fractures and emphasized the need of a comprehensive multidisciplinary approach to manage these geriatric and fragile fractures. He also emphasized the need of early detection and prevention of these fractures.

Indian Orthopaedic Association Hon. Secretary Prof. Sudhir Kapoor expressed his joy and feelings on the interdisciplinary co-operation seen in the arrangements and said that this he could find only in AIIMS Raipur and said that he will spread this news throughout India and also start this in his own ESI Medical College, New Delhi where he is working as a Dean.

Chief Guest Prof. G K Singh, Director AIIMS Patna during his speech on this occasion discussed problems related to aging including osteoporosis, osteoarthritis, falling health and emotional problems. He told that the secret to happiness is giving happiness to your fellow colleagues and the secret to good health is daily exercises, balanced diet and a positive mind.

Later in the evening Cultural program by students of AIIMS Raipur was organised followed by banquet and dinner for the faculty and delegates.

Thanking you

Prof Dr Alok C Agarwal
HOD Orthopaedics
AIIMS Raipur, CG