PRESCRIPTION WRITING

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Prescription

Is a written order given by
Registered Medical
Practitioner to a Pharmacist to
prepare and/or dispense
medicines for the use by the
patient.

Only allopathic doctors (including Dentists, Veterinarians) can prescribe allopathic medicines.

Nursing staff, Pharmacists and Practitioners of Traditional / Complimentary system of medicines cannot prescribe Allopathic Medicines.

Doctors should refrain from prescribing medicines of other systems of medicine. This amounts to cross practice and is prohibited by the supreme court.

Extemporaneous Prescription

The Doctor directs the Pharmacist to prepare and dispense the medications

		Dr		:
Superscription		Contact No		
		D		
		t's Name:		
	Age: Sex: Address :			
	→	$\mathbf{R}_{\!\!\mathbf{X}}$		
		→ BENZOIC ACID	0	6
Inscription		SALICYLIC ACID	0	3
		→ WHITE SOFT PARAFFIN	10	0

Subscription → MIX AND MAKE AN OINTMENT.

Transcription → TO BE APPLIED TO THE AFFECTED PART TWICE A DAY.

Full Signature of Doctor with Date

Pre-compounding Prescription

The Doctor directs the Pharmacist to dispense the readymade formulations of medicines.

Dr. Satyadev Singh

MBBS, M.D.

Reg. No. CMC 4923

Address: 27 Samta Colony Raipur

03 05 2016

Contact No. 9286523491

Date: 23.05.2016

For Date: Kamlesh 35 Years, Male Add. - 11, Shankar bag Colony Raipur Contact No. 9160521341

 $R_{\!\!X}$

TABLET CIPROFLOXACIN (500 mg)

1 TABLET IN MORNING AND 1TABLET IN EVENING FOR 5 DAYS

TABLE PARACETAMOL (500 mg)

TAKE 1 TABLET WHENEVER FEVER IS MORE THAN 100° F TO

THE MAXIMUM OF 4 TABLETS IN A DAY

Even if prescription is typed or printed the Doctor must sign with date in blue indelible ink.

Must sign as close as possible to last drug listed in prescription.

Overwriting on a prescription should be avoided. In case of overwriting Doctor must initial each correction.

Doctors in prescription should clearly mention

- Full generic name of drug in capitals.
- Dosage form.
- Strength / Potency (For FDCs of each ingredient) .
- Dose to be taken.
- Frequency of administration
- Duration of therapy.

For prescription to be dispensed once, write "SHOULD NOT BE REFILLED" OR "DO NOT DISPENSE MORE THAN ONCE"

If wants prescription to be refilled, then clearly mentions how many times.

• For some drugs, a maximum dose may need to be stated (for eg. ergotamine in migraine & colchicine in gout).

Eg: Ergotamine 1 mg at onset of attack
 & repeat every 30 min if necessary.
 Do not take more than 6 mg in one day or more than 12mg in one week

If a doctor is prescribing the drugs on hospital pad, then must put a stamp below signature mentioning Full name, qualification and registration number.

Doctor's Full Name:

Qualifications

Reg. No.

List of dangerous abbreviations, acronyms, and symbols

Abbreviation	Potential Problem	Preferred Term
U (unit)	Mistaken as zero, four	Write %unit+
IU (international unit)	Mistaken as IV or 10	Write ‰ternational unit+
Q.D., Q.O.D.	Mistaken for each other. Period after Q and O after Q can be mistaken for %	Write %daily+and %every other day+
MS, MSO4, MgSO4	Confused for one another	Write ‱orphine sulfate+or ‰agnesium sulfate+

CONTENTS OF THE PRESCRIPTION

- Strength of the drug
 - Decimal points
 - Avoid trailing zeros.
 - EX. 5 mg vs. 5.0 mg; can be mistaken for 50 mg
 - Always use leading zeros.
 - EX. 0.8 ml vs. .8 ml; can be mistaken for 8 ml

RULES FOR WRITING QUANTITY OF DRUG:

- •Quantities of 1 gram or more should be written in grams.
- •Ex write 2 g.
- Quantities less than 1 gram but more than 1 milligram should be written in Milligrams For eg, write 100 mg, not 0.1 g

- Quantities less than 1 milligram should be written in micro / nano gram as appropriate.
- DO NOT abbreviate micro/ nanograms; since that can lead to Prescribing errors. For eg. write 100 micrograms, not 0.1 mg, nor 100 mcg, nor 100 μg
- Use ml or mL for milliliters

Letterheads/prescription blanks should be kept secure to avoid misuse of blank prescription especially by miscreants/addicts.

Doctor should not use another Doctor's prescription pad even with his consent.

Doctor should avoid using prescription pad having names of two or more Doctors.

Doctor should not use prescription pad with message at bottom "Available at XYZ Medical Store"

Doctors should exercise caution while prescribing drugs which have potential of abuse.

Doctor should avoid recommending medicines on telephone or SMS.

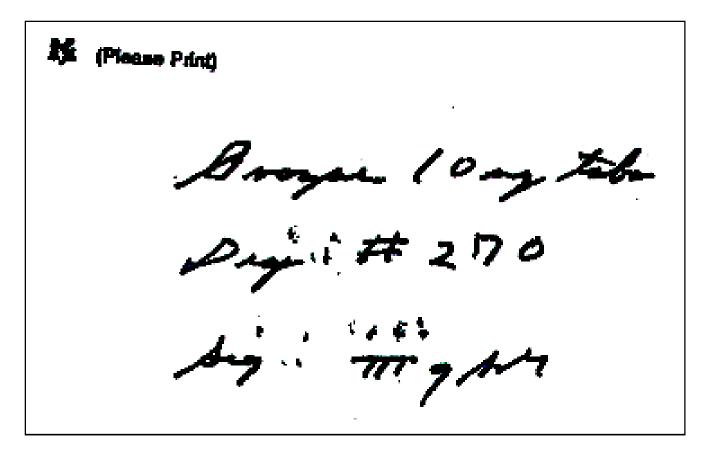
Write the prescription for family members and relatives also. Discourage them from asking for medicines without a prescription.

Doctor should always encourage the Pharmacist to call them up in case of any problem/discrepancies/doubts/queries in their prescription.

Doctors must make a point to visit their neighborhood pharmacies once a while, to learn how they work, what practical difficulties they face or find out whether they have any problems with their prescription and their legibility and should ask for suggestions to Doctor's prescribing.

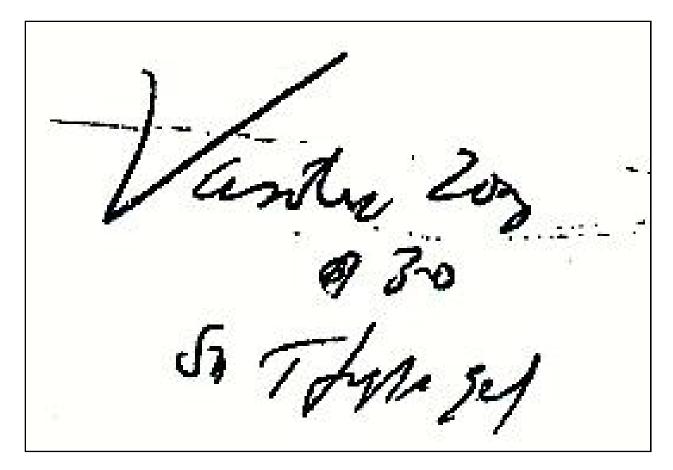
Pharmacist are authorized to refuse to dispense prescription which do not conform to the guidelines and if do so liable for prosecution.

CASE #1



Poor handwriting contributed to a medication dispensing error that resulted in a patient with depression receiving the antianxiety agent Buspar 10 mg instead of Prozac 10 mg

CASE #2



A hypertensive patient accidentally received Vantin 200 mg instead of Vasotec 20 mg when a pharmacist misread this prescription

Every prescription is the beginning of a new experiment. Begin it carefully, remain vigilant make the patient healthy, get blessed from the almighty.



अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर (छत्तीसगढ़) All India Institute of Medical Sciences, Raipur, Chhattisgarh



Thank You INGUK 100