

## **“WORLD MENTAL HEALTH DAY’ 2015”**

As part of the World Mental Health Day on 10<sup>th</sup> October 2015, College of Nursing and Department of Psychiatry, AIIMS, Raipur has organized a Public Awareness campaign on “Dignity in Mental Health” at AIIMS Raipur, Out Patient Department (OPD) and at Pandit Ravishankar Shukla University Raipur (C.G).

B. Sc (Hons.) Nursing III<sup>rd</sup> Year students displayed a puppet show on Stigma and Discrimination about Mental Health and a mime show was exhibited on the “Rights of the mentally ill” as part of the theme.

AIIMS, OPD patients and the general public attended the programme displayed at AIIMS hospital. The programme specifically aimed to break the myths and facts related to mental illness and to prevent stigma and discrimination in our society. Audience were able to appreciate the programme and clarified their doubts regarding mental illness. Dr. Lokesh, HoD, Department of Psychiatry addressed the gathering and gave a speech on “Dignity in Mental Health”.

The same programme was reperformed at Pandit Ravishankar Shukla University for the B. Ed & M. Ed students, to create awareness about mental illness. The students were able to appreciate the programme and followed by doubt clarification and discussion about the myths and facts about mental illness. The awareness campaign was successfully accomplished under the committed effects of AIIMS, Raipur (C.G).